



How to Receive Continuing Education Credits for the TCC Series (CEUs, CMEs, CECHs, CPEUs)

Students who complete courses in the TCC Series are eligible to receive several different types of professional credit: Continuing Education Units (CEUs), Continuing Medical Education units (CMEs), Continuing Education Contact Hours (CECHs), and Continuing Professional Education units for dietitians (CPEUs). Please read on for more information.

Continuing Education Units (CEUs)

Each of the three courses in the Certificate Program in Plant-Based Nutrition is worth 0.6 CEUs from the School of Continuing Education at Cornell University. If you complete the entire program, you will automatically earn 1.8 CEUs. To receive the CEU official verification letter from Cornell, you must request documentation by emailing helpdesk@ecornell.com. There is a \$10.00 charge for each class (\$30.00 for the series).

Continuing Medical Education Credits (CMEs)

Physicians, nurses, pharmacists, and other healthcare practitioners can take the Certificate Program in Plant-Based Nutrition to receive continuing medical education credits (CMEs).

Important Note:

CME credits are not available retroactively. You must register for CME credit **before** beginning TCC501 Nutrition Fundamentals. **If you are not directed to the CME Pre-Test the first time you click “Go to Course” from your “My eCornell” home page, you are not registered as a CME student. You must withdraw and re-register.** Select the CME option and pay the additional CME administrative fee of \$125. Please contact eCornell at helpdesk@ecornell.com if you need any assistance.

The Certificate in Plant-Based Nutrition is currently approved for:

- **19 AMA PRA Category 1 Credits™**
- **19 Nursing Contact Hours**
- **19 Hours Pharmacy CE**

Read the official Accreditation Statement from the Foundation for Care Management, the CME accrediting body, on the last page of this document.

To receive CME credit you must:

- Register as a CME student
- Complete the CME Pre-Test prior to beginning TCC501 Nutrition Fundamentals
- Complete all course requirements for TCC501, 502, and 503
- Complete the CME Post-Test
- Maintain a record of your CME Statement of Credit



Important Information for CME Students:

- Both the pre- and post-tests take ~40 minutes to complete
- You must complete both tests in one sitting—it is not possible to save your work to finish at another time
- After your TCC503 requirements have been marked “complete” by your instructor, the link to the CME Post-Test will become visible on your eCornell homepage
- **The post-test must be completed before your access to TCC503 ends**
- You will be able to see your answers and compare them with the correct answers after you complete the post-test
- You cannot print your CME *Statement of Credit* until the post-test is complete
- Earning CME credit **does not** depend on your scores on the pre- and post-tests

Continuing Education Contact Hours for Health Education Specialists (CECHs)

The Certificate Program in Plant-Based Nutrition is accredited for 19 entry-level continuing education credits for Certified Health Education Specialists (**19 CECHs**). No additional fee is required to obtain this credit.

Designated Provider Number: SSP3755

NCHEC designation statement:

“Sponsored by the T. Colin Campbell Foundation, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 19 Category I contact education contact hours. Maximum advanced-level continuing education contact hours available are 0.”

To receive CECH credit, you must:

- Complete all course requirements for 501, 502, and 503
- Send an email to admin@tcolincampbell.org when you have finished the program to claim your credits (the email must include your name, date of completion, and CHES ID number; for proof of participation, you must attach a copy of your certificate, which will become available after you have completed TCC503)
- Maintain a record of your participation in this CECH accredited activity—TCCF suggests you maintain a copy of your certificate in your records

Continuing Professional Education for Dietitians (CPEUs)

Because the Commission on Dietetic Registration (CDR) accepts self-study materials approved by U.S. regionally accredited colleges and universities, the Certificate Program in Plant-Based Nutrition self-study activity is eligible to provide Continuing Professional Education Units



(CPEUs) to dietitians. No additional fee is required to obtain this credit.

To receive CPE credit, you must:

- Complete all course requirements for TCC501, 502, and 503
- Report completion of this continuing professional education self-study activity in your CDR Activity Log, along with the number of contact hours claimed—TCCF suggests claiming 19, the number of contact hours designated for CME accreditation
- Maintain a record of participation in this continuing education activity for a minimum of 2 years after completing your recertification cycle

For Other Professional Credit

If you wish to petition another certification organization to accept this course series for specialty area credits, please contact helpdesk@ecornell.com to receive course maps for all three courses.

Certificate Program in Plant Based Nutrition

19 AMA PRA Category 1 Credits™

19 Nursing Contact Hours

19 Hours Pharmacy CE

Release date: July 1, 2010

Expiration date: June 25, 2012

Faculty:

T. Colin Campbell, PhD

Pam Popper, ND

Doug Lisle, PhD

Caldwell B. Esselstyn, Jr., MD

Antonia Demas, PhD

John McDougall, MD

Alona Pulde, MD and Matthew Lederman, MD

Jeff Novick, MS, RD, LD, LN

David Pimentel, PhD

Bruce Monger, PhD

Brendan Brazier, professional Ironman triathlete

Target audience: Primary Care Providers – physicians, NPs, PAs, RNs, and pharmacists.

Accreditation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Foundation for Care Management (FCM) and T. Colin Campbell Foundation. FCM is accredited by the ACCME to provide continuing medical education for physicians.

FCM designates this educational activity for a maximum of **19 AMA PRA Category 1 credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Foundation for Care Management is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Approval period: July 1, 2009—June 30, 2012. Provider # FCM-0612.



The Foundation for Care Management is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Program #0347-9999-10-025-H01-P.

*This CE activity is knowledge based.

DISCLOSURES

Dr. T. Colin Campbell has no financial interest in any products or services discussed.

Dr. Pam Popper is a consultant to NSA, Inc. and a shareholder and president of Wellness Forum

Dr. Doug Lisle has no financial interest in any products or services discussed.

Dr. Caldwell Esselstyn has no financial interest in any products or services discussed.

Dr. Antonia Demas receives revenue from Food is Elementary sales

Dr. John McDougall receives revenue from the Ten Day Diet Program, books and DVDs

Dr. Alona Pulde has no financial interest in any products or services discussed.

Dr. Matt Lederman has no financial interest in any products or services discussed.

Jeff Novick has no financial interest in any products or services discussed.

Dr. David Pimentel has no financial interest in any products or services discussed.

Dr. Bruce Monger has no financial interest in any products or services discussed.

Brendan Brazier receives financial support from Vega (Sequel Naturals) and the Thrive Diet (Penguin).

Micaela Cook (Planning Committee) has no financial interest in any products or services discussed.

Elise Murphy (Planning Committee) has no financial interest in any products or services discussed.

Rebecca Michaelides (Planning Committee) has no financial interest in any products or services discussed.

Rachel Scott (Planning Committee) has no financial interest in any products or services discussed.

Meghan Murphy (Planning Committee) has no financial interest in any products or services discussed.

Dr. Jeanette Dunn (Planning Committee) has no financial interest in any products or services discussed.